

**THE EMERGENCY CONTACT NUMBER ON THE DAY IS 07597 766715  
If you abandon the ride or require help, please phone this number**

**PLEASE NOTE: This event is held on open roads please ride in accordance with the Highway Code  
and be courteous to other road users.**

**It is a condition of entry into any of the Sportive Kinross events that,**

By entering the event you acknowledge it is a test of your physical stamina and your capacity to complete the route you have chosen to ride. You must consider yourself fit to participate and complete the event. If you have any doubts about your health or have any known medical conditions you should consult and obtain a doctor's approval before entering and participating in a Sportive Kinross event. Sportive Kinross events are designed and intended to be physically challenging and a level of good basic fitness will be required by entrants in order to complete even the shortest route.

You acknowledge that participation in a Sportive Kinross event is at your own risk and that the organisers cannot be held liable for any injury, loss or damage caused or sustained as a result of your participation. You will observe the highway code and the direction of appointed event marshals and officials at all times while participating in a Sportive Kinross event.

If you are unable to ride the Sportive Kinross for any reason, no refund or deferment can be offered. Places are only transferable to another person at the discretion of the organisers. No places can be transferred after Entry Central closes. (this will be notified on the event website normally about three weeks before the event)

Any riders under the age of eighteen must be accompanied by an adult at all times. No entrants under the age of 16 will be allowed without the express consent of the organisers being granted. In addition for any entrant under 18, the online entry (via Entry Central) must be completed and paid for by a parent or guardian.

An approved cycle helmet, conforming to CE standards EN1078 (or better), is worn at all times whilst riding during a Sportive Kinross event. As encouraged under British Cycling Guidelines for Non-competitive Events.

You will be supplied with a number which should be clearly fixed to the front of your bike during the event.

All participants will be covered by the event third party insurance for the duration of the event, the cost of which is included in the entry fee. Please note that this does NOT cover personal injury or loss during the event.

Riders will be responsible for the roadworthiness of their own bicycle. The use of triathlon handlebars or other bar extensions are not permitted in our events for safety reasons.

Entrants shall insure that if their bike uses a battery to change gear (such as Di2) or to propel the bike (e-bikes) that the batteries are sufficiently charged for their chosen route.

All riders are recommended to carry drink bottles, snack food, basic tools, at least one replacement inner tube and suitable wet weather clothing. We also advise that riders carry ID and a small amount of money. A mobile phone is also worth carrying in the event of an emergency, although various locations on the routes might have poor signal reception.

Riders will be set off in groups as required by Police guidance supplied to Sportive Kinross.

You are requested to ride in single file where appropriate, to be aware of your fellow cyclists and most importantly other road users. The event is being held on a public highway where the rights of and responsibilities to other road users apply.

Mobile support vehicles in the form of cars or motorbikes are forbidden. You may, however, receive support from a stationary vehicle which is legally parked and does not impede riders or other traffic.

Detailed route information and maps will be available on line, but navigation during the event will be your own responsibility.

There will be signage at most junctions and marshals at major junctions to assist with directions. However the organisers offer no warranty that these signs will not be obstructed, removed, vandalized or interfered with in anyway. Therefore the organiser strongly recommends participants carry the route instructions that are available online.

Food and drink will be provided at the designated feeding stations, but we cannot guarantee supplies, and please be mindful of those following behind.

On completion of the event, you must check in at the finish HQ at Loch Leven Community Campus.

All riders must complete their ride by 17:00 to avail themselves of the full amenities at Loch Leven Community Campus. Please note that only a limited selection of sandwiches is available after 16:00.

The event will take place regardless of weather conditions and only be cancelled or the routes modified if, in the opinion of the police or the event organisers, an entrants reasonable safety is at risk. If the event is cancelled or if you are unable to ride the event there will be no refund of entry fees.

Any rider who leaves the event before the finish line is obliged to inform a marshal either in person or by phoning the emergency number (provided in the rider pack). If the emergency phone is not answered then the rider must leave a voice message, stating their Name, Rider Number and Reason for leaving the event.

Any entrant that, due to a disability, requires help should contact the organisers through the contact form as soon as possible after entering the event. We will be more than happy to discuss any arrangements to make your participation as enjoyable as possible. This might include preferential parking, assistance through registration or assistance at the start.

Please also note that if a registered rider requires a guide (tandem pilot) due to a visual impairment please contact the organisers through the contact form either before or as soon as possible after entering the event. The guide will not be required to purchase a place but we must be aware of their participation and must have their personal details for both insurance purposes and to also safely administer the event.

By participating in our events, you confirm and agree that we and third parties authorised by us may record you via photographs, film, audio, audio-visual or other recording, still or moving, during the event ("Recordings"). We shall own all rights in such recordings and you hereby (i) assign to us any and all present and future copyright, performance rights and any other right, title and interest in and to the Recordings and you hereby waive the benefit of any law known as "moral rights"; (ii) agree that we may use the Recordings for any purpose at our sole discretion including in any marketing and/or publicity materials, and on any website and social media; and (iii) agree that the Recordings may be altered, edited and/or modified (e.g. combined with other images, text, graphics and/or sound). You hereby release us from any and all liability from such use and promotion and specifically waive any right to any compensation you may have for appearing in any of the Recordings.

## 1. Changes for 2026

### 1.1 Route Change At Dunning (all routes)

Due to a road closure, for bridge repairs, on the Dunning Common road you will now travel west after leaving Dunning, bypass Auchterarder to the south of the A9 and then join the Glen Eagles road towards the Yetts of Muckhart.

All riders should consult the maps that are available on our event web site.

### 1.2 Time Cutoff For The Black Route

This year we will be placing a time cut off at Dunning on entering the Dunning-Glenfarg-Dunning loop. This point is 78Km (48.5mi) from the start and to ensure that all riders can reach Dunning for the second time, to take advantage of the feed station again, and to reach the finish before the event close at 17:00 **the latest time for entry into the loop is 12:30**

Therefore, if you are riding the Black Route please consider your average speed over a very demanding course. We certainly recommend you start the event as soon after 08:00 as possible, and certainly by 08:30

If you are riding the Black Route and arrive at Dunning after 12:30 you will be advised by a marshal to switch to the Red Route and head towards Gleneagles. If you decide to continue on the Black Route please be aware that the feed station and support from the broom wagon may not be available should you require them.

On completing the Dunning - Glenfarg loop you will rejoin the main route at Forteviot level crossing and follow the route into Dunning and past the Feed Station for a second time

## 2. Arrival / Parking

The event HQ is located at the Loch Leven Community Campus (Kinross High School) **KY138FQ**.

This is located on the north side of Kinross just off the A992 Milnathort road. Please refer to parking locations diagram. There are 2 designated car parks for this event. Please car share where possible or ride to the start if you are near to Kinross. There is **NO parking** at the Community Campus car park.

### Car Park 1 Loch Leven Health Centre.

This is adjacent to the event HQ. PLEASE NO PARKING ON GRASS OR OUTSIDE MARKED BAYS. Please respect this as we will lose the whole area if abused.

### Car Park 2 Kinross Golf Club.

Adjacent to the Green Hotel and on the grass area. Access is from the north side of the green. Please follow the direction of marshals.

**Please note that there is strictly no parking on the east side of the Health Centre, at Kinross Swimming Pool or in Burnbank Meadows and Gallowhill Rd. These areas will be coned off, we have received complaints from the residents at past events.**

### 3. Parking Locations

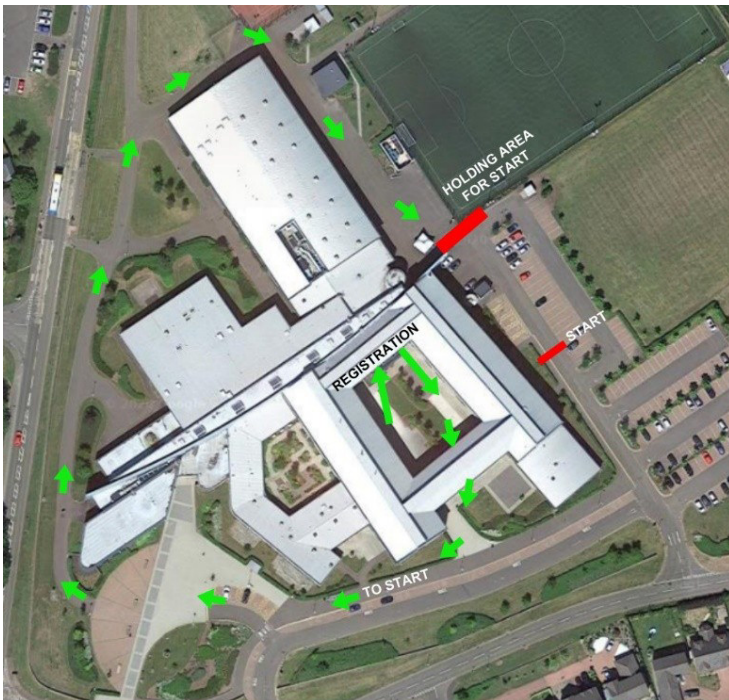


#### 4. Registration (08:00 – 09:30)

When arriving at the registration please ensure you have your Rider Number email / form with you

- Entry to registration is via the quadrangle at the front of the school. Exit from reception is again via the front doors into the quadrangle.
- The registration will have numbered tables. These numbers relate to your rider number (as in the email sent) so please ensure you are waiting in the correct queue. The queue may initially be a single queue but be aware as you approach the tables that the queue will split.
- If you arrive without your rider number email or don't know your number please go to the table behind the entrance door to the left hand side of quadrangle - a volunteer will be there to help find your number. **SO PLEASE REMEMBER YOUR NUMBER AS IT MAKES YOUR DAY A WHOLE LOT EASIER**
- At the registration tables the volunteers may ask to confirm your identity . (Anyone found to give a false Identity / number will be disqualified from the event).
- Once registered you will leave the table with your Bike number plus cable ties to fit your bike number to the front of your bike. Please fit your number so that it can be clearly seen from the front by our marshals and the timing crews. A timing chip will also be embedded into your number so please **DO NOT** wrap the number around the bike frame as this may damage the chip. The timing system will use this to calculate your time for the event.

**Please Note:** There is no requirement to bring a signed “Rider Agreement Form” to registration as in previous years.



The route to the start line



Mount Flat and ensure the number is clearly visible



**Do Not** wrap around the frame  
Number is not visible and chip reading may be affected

Mounting the number on your bike

## 5. Starting (08:00 – 10:00)

After collecting your bike numbers please proceed to the rear of the school buildings as shown on the diagram above. This will ensure that the start area is kept free of congestion for other users of the campus.

All riders will be held in line by event marshals and will be called to the start line in groups of 20. Please ensure you are ready to start when called forward. Groups will be started at 2 minute intervals.

## 6. Riding the Sportive

Route details can be found on the event website for each of the 3 routes. These include maps and also gpx files for on bike navigation. There will not be hard copy of maps available on the day. If you need these print a copy and bring it along. Although the routes will be fully signed, with marshals at key points, please ensure you are familiar with your chosen route, particularly where routes split.

We want you to enjoy the Sportive Kinross and while we do not wish to impose too many restrictions there are a few things you can do to ensure the day is memorable for everyone and for all the right reasons.

## 7. Safety Briefing

- In order to preserve the safety of yourself and others... We would like to take this opportunity to highlight that this event **IS NOT A RACE**. So please respect other road users at all times.
- This is an open road event, you will be sharing road space with a variety of other road users. Please remember that Marshals are there primarily for your safety and to ensure that you do not stray from the planned course, they do not have the power to stop and hold traffic. Please do not assume it is safe to cross a junction without stopping when you see a marshal, always check it is safe to do so by using your own judgement.
- We, the organisers are NOT responsible for road conditions. Roads vary considerably from smooth tarmac through to badly potholed sections, narrow roads with limited visibility, mud and gravel can often be found on many of the roads often on bends. So please take extra care at all times and warn fellow riders of any hazard that they might not see.
- Please consider all other road users while cycling this event considering any situations you may be subjected to on the route. Adherence to the Highway Code is mandatory at all times. Please take note and follow signage or direction from local authorities including Emergency Services.
- You are and will be held responsible for your own actions as a road user.
- Always ride on the correct side of the road. Ride no more than two riders abreast and please single out on narrow roads or sections where visibility is limited.
- Ride responsibly; look after yourself and the people around you. Respect the environment and ALL other road users.
- Please do not litter – take your rubbish with you or discard it at the feed stations where waste receptacles will be provided.
- Kinross Cycling Club would like to wish all participants a great ride and look forward to seeing everyone return safely!

**A full briefing will be given to all riders, at the start line, prior to starting**

### **Please DO:**

- Dress sensibly for the conditions on the day. In late April you could be suffering from heatstroke or exposure due to very low temperatures on the hills.
- Ensure that your bike is roadworthy. It's also a good idea to have it serviced before the event to reduce the chances of an unexpected mechanical on the day.
- Carry some form of identification / contact number in the event of an accident or other emergency.
- Carry tools, pump, spare tubes etc. Be self-sufficient for small breakdowns etc.
- Carry sufficient food and drink with you.

## Please DO NOT:

- Bring a TT bike, or a bike with tri-bars fitted. If you do, you will be asked to remove them or you will be withdrawn from the event.
- Drop wrappers from energy bars, drinks bottles or any other litter. Keep everything until the end or find a roadside waste bin. Not only does it spoil some very beautiful Countryside, it is unlawful.
- Pee 'alfresco' while out on the course. Toilet facilities are provided at the LLCC and at both feed stations.
- Abandon the event without contacting the event HQ (on the number supplied).

## Take Care:

Road Furniture / Hazards:

- Take care when riding in a group especially if it is wet, puddles can hide deep holes. Please be alert at all times and if you are at the front of a group please signal the hazards to your fellow cyclists.
- When riding in groups please take care and be aware of street furniture and other obstacles protruding into the road. Riders at the front should give a verbal warning and hand signal to indicate to those behind. Riders in the group should be aware at all times what is happening in front as the rider ahead of you may brake or swerve suddenly.
- Our three routes contain a wide variety of roads from smooth to badly pot holed. From flat to fast descents. Always ride to the road conditions and your own ability.

## 8. Route Information

You can find route maps and gpx files on our event web site.

### BLUE:

[The Blue Route](#) click on the map to display the zoomable high detail map.

### RED:

[The Red Route](#) click on the map to display the zoomable high detail map.

### BLACK:

[The Black Route](#) click on the map to display the zoomable high detail map.

## 9. Feed Stations

There will be two feed stations.

**Although water will be provided at the two feed stations the quantity will be limited. This is to reduce the amount of single use plastic waste. Please ensure you start off with full bottles and only take water at the feed stations if you really need it.**

**Newburgh:** (09:30 to 12:45 Red and Black routes)

At the east end of the town opposite the petrol station.

**Please Note: Only water and bananas will be available.**

**Dunning:** (09:00 to 14:45 all three routes)

*The Dunning feed station* is located at Dunning Primary School which is on the left-hand side as you enter Dunning.

Water, a selection of tray bakes and other items will be available.

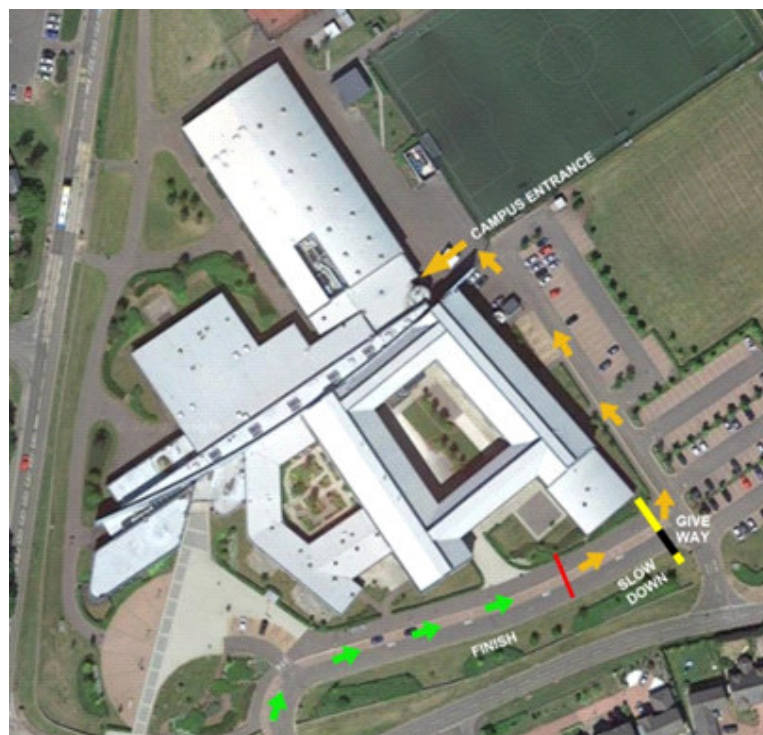
## 10. The Finish

On arrival back at the Loch Leven Community Campus ensure you pass over the finish line to record the time taken to complete the event. Please then proceed to the rear of the building as shown on the diagram below where you will receive your event memento and a voucher to obtain refreshments at the campus cafe. Please **DO NOT** linger on the finishing straight either before or after the finish line. This area must be kept clear at all times.

**PLEASE NOTE:** The centre closes at 18:00. There will be **NO HOT FOOD available after 16:00 and no cold food after 17:00**. Food will consist of soup and a sandwich. Tea, coffee, and cakes are available for purchase.

Toilets are available within the Community Campus.

We hope to have the results available on our web site within 24 hours of the finish.



## 11. Post Event Sports Massage

As in previous years, post event sports massage will be available at this year's Sportive!

### **Carrie Robson/Nirvana Therapies:**

I am a fully qualified massage therapist with over 13 years experience.

Over the years I have adapted my treatment method to better suit injuries and general aches and pains and have treated frozen shoulders, tennis elbows, sciatica etc.

### **Diane Rogers/Beauty By Diane:**

### **Beth Gibson/Beauty By Beth:**

Fully qualified massage and beauty therapist with 10+ years experience. Providing a range of treatments, specifically for this event post sports massage therapy to help aches/pains/cramping.

We have all provided post event massages at the Kinross Sportive for a number of years now and look forward to this years event!

⚠️ £10 for 15 minutes! ⚠️

(Cash or card available)

There will also be a tombola raffle table (all in aid of CHAS) where our local fundraising group #friendsofchaskinross have rounded up some prizes!

All proceeds going to CHAS - please don't miss out! ❤️

*Enjoy your cycle guys!* ❤️



Sportive Kinross is proud to support Children's Hospice Association Scotland (CHAS) is a charity that provides the only hospice services in Scotland for children and young people with life-shortening conditions.

CHAS offers care in two children's hospices, Rachel House in Kinross and Robin House in Balloch. The hospices support the whole family by offering short planned breaks, emergency support, end of life care and a range of bereavement services.

CHAS also provides a home care service, called CHAS at Home, staffed from both hospices and with dedicated teams in the North of Scotland. The service offers care to families in their own homes when they need it most.

CHAS supports over 250 families, as well as a significant number of families who receive bereavement support. The services are funded mainly through the generosity of the many supporters who help raise over £7 million needed each year to provide these vital hospice services. Part of your entry fee will go to CHAS to help them continue their important work.



Children's Hospices Across Scotland  
**Proud supporter**

We are very grateful to have **RAYNET** on board to provide communications between our HQ at Loch Leven Community Campus and various out stations around the 3 routes. Without their dedicated team of volunteers it would make the management of our event much harder.

RAYNET was formed in 1953 following the severe East coast flooding, to provide a way of organising the valuable resource that Amateur Radio is able to provide to the community.

Since then, it has grown into a very active organisation with around 2000 members, providing communication assistance on many hundreds of events each year.

Amateur Radio operators have access to a wide range of radio bands, operating modes and equipment which allows RAYNET to offer a unique range of emergency communication services to our user services. Coupled with our members endless resourcefulness, RAYNET is regarded as a professional support organisation by both the statutory and volunteer emergency service organisations.

